

<u>Adult Survey – for individuals with CF that are 18 years or older</u> Please answer the following questions about visits to your CF center in the last 12 months.

Experiences with Timely Care	•		•				
In the last 12 months	Never	Almost Never	Sometimes	Usually	Almost always	Always	Don't know or not applicable
How often did you get a response from the health care team (doctor, nurse or other CF care team member) the same day when you called during office hours?							
How often were appointments scheduled at a time that worked well for you?							
When you called the CF center to get an appointment for care you needed right away, how often did you get care as soon as you thought you needed it?							
When you asked the healthcare team for medicine refills, how often did you get the medicine as soon as you wanted?							
Health Care Resources							
In the last 12 months, how many times did you visit the CF center?	1	2	3	4	5 to 9	10 or more	
	Yes	No					
In the last 12 months, which of the following types of health care team members were involved in providing your care at the CF center. Was a dietitian involved in providing your care at the CF center?	٥	٥					
Was a physical therapist involved in providing your care at the CF center?							
Was a respiratory therapist involved in providing your care at the CF center?							
Was a social worker involved in providing your care at the CF center?							
Experiences with Timely Care							
These next questions are about your experiences during your	r mos	t rece	nt vis	it?			



Your most recent visit	Yes, definitely	Yes, somewhat	No	Does not apply			
Were you brought to the exam room as soon as you arrived for your appointment?							
Experiences with the Health Care Team	•	l	l	•	l		l
During your most recent visit, did the health care team treat you with courtesy and respect?							
During your most recent visit, did the health care team explain things in a way that was easy to understand?							
During your most recent visit, did the health care team spend enough time with you?							
During your most recent visit, did the health care team ask about your mental or emotional health?							
During your most recent visit, did the health care team seem informed and up-to-date about the care you received?							
During your most recent visit, were your questions answered or concerns addressed by the health care team? (This can include visits to the center and other forms of communication, such as emails and phone conversations.)							
During your most recent visit, were you involved in decisions about your care as much as you wanted?							
Experiences with Infection Control These next questions are about your experiences with infectivisit.	ion co	ontrol	durin	g you	r mos	t rece	<u>nt</u>
During your most recent visit	Yes	No					
Was a mask available for your use when you went to the health care center?							
During your most recent visit, did all care team members that spent time with you in the exam room wear a gown and gloves?							
During your most recent visit, did the health care technicians in other services (pulmonary function testing area, blood draw, or x-ray) wear a gown and gloves?			Did not visit these areas			eas	



During your most recent visit, were you able to stay at least 6 feet from other people with CF (not including if you live with the person with CF)?			Unknown				
Please tell me in your own words suggestions for the CF center to improve infection prevention and control practices?							
Experiences with the health care team							
Using any number from 0 to 10, where 0 is the worst care possible and 10 is the best care possible, what number would you use to rate the overall care from the health care team during your most recent visit?	0 to 10						
Please tell me in your own words what do you like best about the CF center?							
Please tell me in your own words any suggestions you have for the CF center to improve the care and services?							
Experiences with Self Care These next questions are about your CF care plan and managemonths.	ging y	our h	ealth	in the	last 1	2	
In the last 12 months	Never	Almost Never	Sometimes	Usually	Almost always	Always	Don't know or not applicable
How often were you confident in finding information about CF and care options?							
How often were you able to manage your CF?							
Would you say your airway clearance treatments (ACT) have worked (such as, the vest, huffing, acapella, flutter, chest physical therapy, active cycle of breathing, autogenic drainage)?	٥			0		٥	
Would you say your lung medicines have worked (such as, bronchodilators, hypertonic saline, Pulmozyme, steroids, inhaled antibiotics)?							
Would you say your nutrition care plan has worked (such as, eating foods high in calories and fat, taking enzymes, vitamins, or supplements)?							
How often were you confident in following through on the medical treatments you were asked to do at home?							
How often were you confident in working out solutions when problems came up with your CF?							



How often were you able to handle CF care on your own at home?							
How often were you able to maintain your body weight at the level you wanted?							
Please tell me in your own words what have you learned or found to be helpful in managing your CF?			ı	ı			
Please tell me in your own words what do you find to be the hardest thing in managing your CF?							
Health Care Resources							
In the last 12 months, how many times did you go to the Emergency Department (ED) for a CF related concern (such as, coughing more, fever, or any other concerns)?	None	1	2		3 or 1	more	
Did you have a lung infection (pulmonary exacerbation) or have any of these symptoms: shortness of breath, being really tired, coughing more?	Yes	No		Don't Know			
In the last 12 months, how many times have you spent one night (or more) in the hospital for a CF related concern?	None	1	2	3	4		or ore
If one or more hospital stay then answer the next 2 questions	5.						
These next questions are about your experiences with hospital hospital stay when answering these questions.	al car	e. Ple	ease tl	hink a	bout y	your 1	ast
	Never	Almost Never	Sometimes	Usually	Almost always	Always	
How often was hospital staff (doctors, nurses, and other staff) knowledgeable about CF care?							
Please tell me in your own words any suggestions you have for the hospital to improve the care and services?							
About You							
In general, how would you rate your overall health? ☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor							

In general, how would you rate your overall mental or emotional health?



☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor
How long have you been receiving care at the CF Center? ☐ Less than 2 years ☐ 2 to 5 years ☐ 6 to 10 years ☐ Greater than 10 years
Do you have CF-related diabetes (CFRD)? ☐ Yes ☐ No ☐ Prefer not to answer
What is your weight in pounds without shoes or clothes on?
What is your height in feet and inches without shoes on? feet inches
What was your pulmonary function (FEV1) on your last visit? or leave blank if not applicable or don't know
Are you male or female? ☐ Male ☐ Female ☐ Prefer not to answer
What is your age? ☐ 18 to 24 years ☐ 25 to 34 years ☐ 35 to 44 years ☐ 45 to 54 years ☐ 55 to 64 years ☐ 65 years or older ☐ Prefer not to answer
What is the highest grade or level of school you have completed? □ 8 th grade or less □ Some high school, but did not graduate □ High school graduate or GED □ Some college or 2-year degree □ 4-year college graduate □ More than 4-year college degree



☐ Prefer not to answer
Are you of Hispanic or Latino origin or descent? ☐ Hispanic or Latino ☐ Not Hispanic or Latino ☐ Prefer not to answer
What is your race? Please choose all that apply. White or Caucasian Black or African American Asian or Pacific Islander Aleut, Eskimo, or American Indian Unknown Other Prefer not to answer
What is your health care coverage? □ Private Insurance □ Medicaid or Medicare □ Other □ Self-pay □ Prefer not to answer
In the last 12 months, what were the estimated costs of CF care that you paid for "out of pocket" (that is care that was not paid for by insurance or other sources)? Less than \$100 Between \$101 and \$500 Between \$501 and \$1,000 Between \$1,001 and \$2,500 Between \$2,501and \$5,000 Greater than \$5,000 Prefer not to answer

Pediatric Survey – for a family member or caregiver with a child with CF (less than 18 years old)

Most of the questions in the adult survey are asked on the pediatric survey with the addition of "your child" included in the question.

The following are additional questions asked:

What is your child's Body Mass Index (BMI) percentile? (Not asked height and weight)

The caregiver or parent asked the following questions: age, education, ethnicity, race, health care coverage and cost.